

2021 COVID-19 Prepared Packing List

In addition to following the COVID-19 Health Agreement before your expedition, please come prepared to help mitigate the potential for transmission while on expedition. This includes updating changes to information with GCY, bringing the following items along with you, and being ready to be an active participant in the collective health of your expedition!

2021 Travel Requirement Update

If you provided a name and contact information for someone who will remain within five driving hours of Flagstaff, AZ, for the duration of the expedition inline with our 2021 Travel Requirement, please confirm with GCY that this person is still available. If you need to change/update this contact, please call the office (928.773.7921) or email expeditions@gcyouth.org.

How to Pack

Please keep your COVID-19 preparedness supplies in your **day-pack**. Follow [CDC recommendations](#) for clean and dirty face covering storage, and washing cloth/reusable masks throughout your expedition.

GCY Will Provide...

Additional COVID-19 mitigation supplies, including sanitization materials for the duration of your expedition. Please reach out to us with any questions regarding on-expedition mitigation efforts at expeditions@gcyouth.org, or visit our [FAQs on our website](#).

- Negative COVID-19 test or completed vaccination card** (For Multi-Day Expeditions Only)
 - Please email your records to expeditions@gcyouth.org before arriving for your expedition. Bring a copy as back-up.
- Well-Fitting Masks:** cloth and/or disposable that fit your face well. Please follow [CDC guidelines](#) regarding fit and [other recommendations](#).
 - For shorter expeditions (1-4 day), please bring enough masks to have a clean option each day.
 - For longer expeditions (5+days), time will be available to wash cloth/reusable masks. We recommend bringing enough masks to have a clean option each day for the first half of your trip.

Expedition Length	Masks
1 Day	2
2-4 Days	4
5+ Days	6



- Ziplock bags:** bring 2. Keep your clean masks in one. Use the other to store dirty/wet masks before proper disposal or washing.
- Biodegradable/Castile soap (travel size)** (For Multi-Day Expeditions Only): for washing cloth masks.