



## GC4 Youth Application Packet July 18 - 27, 2018

Thank you for your interest in Grand Canyon Youth! Participating in a GCY program means stepping out of your comfort zone and engaging in a unique experience. It is worth the effort!

We are available to answer any questions! Please contact GCY office staff at:  
928.773.7921  
programs@gcyouth.org

- ✓ Express interest in a GCY Open Enrollment program
- ✓ Receive *Program Description* and forms, or download them from GCY website.
- Read *Program Description* thoroughly
- Complete *Youth Application*\*\*
  - Turn-in completed *Youth Application*\*\* with \$400 deposit
  - If requesting Financial Aid, program deposit is \$50. Turn in *Financial Aid Request Form*\*\* with completed application
- If traveling, submit *Travel Planning Form*\*\* and your itinerary
- Begin working on Pre-Trip Requirements: Education, Service, & Youth Earnings
- Receive weekly emails from your Trip Coordinator, starting about 10 weeks before your program! Communicate any questions or needs you have leading up to the program.
- Finish Pre-Trip Requirements & submit responses to *GC4 Pre-Trip Requirement Documentation* Google Form (link in email). **Due: June 29<sup>th</sup>**
- Submit final payment. **Due: June 29<sup>th</sup>**
- Confirm any travel arrangements with GCY two weeks before your program.
- Pack lightly and get ready for the adventure of a lifetime!

\*\*Paperwork included with this packet that needs to be returned to GCY

Connect with GCY





P.O. Box 23376 Flagstaff, AZ 86002 Phone: 928.773.7921 Fax: 928.774.8941  
[info@gcyouth.org](mailto:info@gcyouth.org) [www.gcyouth.org](http://www.gcyouth.org)

Dear Parents & Guardians,

Thank you for choosing to send your child on a Grand Canyon Youth program. We are excited to offer this unique and memorable learning experience. GCY is a 501(c)(3) nonprofit organization based in Flagstaff, Arizona. Our mission is to provide youth with educational experiences along the rivers and canyons of the Southwest, in an effort to promote personal growth, environmental awareness, community involvement, and teamwork among people of diverse backgrounds.

Our founders knew that wilderness river trips have the power to inspire and transform young people, and they wanted to motivate tomorrow's leaders to love and protect flowing rivers and wild places. Over the last 20 years, Grand Canyon Youth has grown to provide engaging, collaborative, and authentic learning experiences to groups from across the country, serving over 900 participants a year! GCY is committed to creating custom programs that engage and serve a diverse array of youth.

Our educational philosophy is to inspire curiosity. Participants are given the opportunity to sleep beneath a blanket of stars, step outside of their comfort zones, overcome challenges, connect with peers, and so much more. Learning on program is participant-driven, each youth will bring an educational project to teach peers about an area of Grand Canyon that interests them. History, ecology, geology, archaeology, and current events come to life on the river; the more participants question the world around them, the more they will learn. Every program is unique, and youth will get the chance to step away from technology and immerse themselves in the magical places of Grand Canyon.

We cannot wait to meet your child, and have the opportunity to learn and grow together on the river. Use this packet as a resource to help you prepare for this program, and feel free to call the GCY office or reach out via email to [programs@gcyouth.org](mailto:programs@gcyouth.org) if you have any questions or concerns during this process.

Thank you,

A handwritten signature in cursive script that reads "Emma Wharton".

Emma Wharton, MSW  
Executive Director



## Partners in Science GC4 Program Description Lower Grand Canyon

### Program Information

Program Dates: July 18 – 27, 2018

Total Cost: \$1050

Initial Deposit: \$400      Due: with Application

Final Payment: \$650      Due: June 29, 2018

*\*If requesting Financial Aid, refer to the FA request form at the end of the packet for deposit and payment details.*

### Program Departure

**4:00pm, Wednesday, July 18<sup>th</sup>, at the Grand Canyon Youth office.** Please have all of your gear packed in your backpack and dress in what you plan to wear camping for the night. After a short orientation, you will get into vans, eat dinner, and head to the South Rim of Grand Canyon for the night!

### Program Returns

**Approximately 11:30 am, Friday, July 27<sup>th</sup>, at the Grand Canyon Youth office.** Parents will be notified if participants are going arrive more than an hour late or early. **If you are traveling from out-of-town, please refer to the included Travel Planning Form. We recommend planning to depart Flagstaff after 2pm or the following morning if flying, Saturday, July 28<sup>th</sup>.**

### What sets Grand Canyon Youth apart?

GCY has been providing high quality, educational experiences for 20 years. We provide some of the only access in Grand Canyon dedicated to youth programming. We are committed to serving youth from a variety of backgrounds, so any participant interested in experiencing the educational power of rivers has that chance. Additionally, we know youth get more from their experience when they can buy into their program. By completing GCY's Pre-Trip Requirements, including community service hours, an educational project, and youth earnings, participants gain a strong sense of ownership over their program. GCY supports each program by covering half of the expenses with money from donors, grants, and fundraising.

### About the Partners in Science Program

This program is especially unique, because it was developed in conjunction with the United States Geological Survey (USGS). This is not just a rafting trip, but a chance to learn and be mentored by working scientists. We work with scientists at the Grand Canyon Monitoring and Research Center (GCMRC), whose goals are “to develop monitoring and research programs, and related scientific activities, that evaluate short and long-term impacts of the Glen Canyon Dam on the biological, cultural, and physical resources of the Colorado River Ecosystem.”

As part of this program, you can expect to participate in several Citizen Science projects, led by scientists from GCMRC. You will learn more details about the projects you will be doing as your program approaches. Past programs have collected data regarding native animal and plant species, natural quiet, visitor impacts, invasive species removal or monitoring, and beach mapping and monitoring. These projects are a great way to learn firsthand the complexities of managing a place like Grand Canyon.

You are embarking on an exceptional adventure! Very few young people experience Grand Canyon on the river every year, and only 60 youth will participate in Partners in Science programs each year. To learn more, watch the short video “What You Take Away” (<https://vimeo.com/164929241>).



## GCY Pre-Trip Requirements

We believe participants have a more fulfilling experience if they earn their program. By working towards this trip, we hope you will be actively engaged and invested in the success of the program. To achieve this, we ask you to carry out three Pre-Trip Requirements: Educational, Service, and Youth Earnings. There are many resources available to help you complete these requirements, including the GCY website, your Trip Coordinator, and the weekly emails. We recommend starting this process early! You'll have a sense of accomplishment once you are finished.

### Educational Component

You are traveling to an incredible landscape, rich with history, geology, natural science and more! Choose a topic related to Grand Canyon, research it, and prepare an educational activity that you will present while on the river. Get excited for your project and **choose a topic you are interested in**. This is a great way for you to contribute to your group's understanding of Grand Canyon. Here are examples of good, place-based topics:

- ◆ Grand Canyon Escalade Project
- ◆ John Wesley Powell's Expeditions
- ◆ Humpback Chub Conservation
- ◆ Havasupai History & Culture
- ◆ Uranium Mining & Grand Canyon
- ◆ History of Bright Angel Trail
- ◆ High Flow Events (HFEs) & Adaptive Management
- ◆ The 1983 High Water Year
- ◆ Ecological Zones of Grand Canyon
- ◆ Night Skies & Astronomy
- ◆ Colorado River Water Allocation
- ◆ California Condor Reintroduction
- ◆ Proposed Grand Canyon Dam Sites
- ◆ Ancient Puebloan History & Culture

**Feel free to choose a topic not included on this list!!** Your interactive presentation should be about 10 minutes long. Make it fun, interesting, informative and engaging. Incorporate a game, skit, song, artistic activity, or other interactive portion. Connect with your Trip Coordinator to brainstorm ideas and help plan! Bring your project with you when you come for your program.

### Service Component

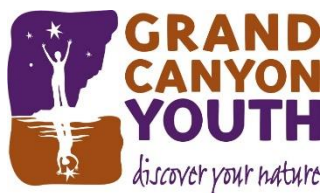
Engaging with your home communities prepares you to be an active member of the GCY river community. Each participant is expected to complete **2 hours of service per day on program**. You can count any service you have done since the beginning of the school year. Think creatively! Is there an outdoor space at your school that needs cleaning up? Could you organize a coat-drive for a local homeless shelter, or recruit friends to help walk and bathe animals at a local animal shelter?

### Youth Earnings Component

Have you ever noticed that when you work for something, it means more to you? That is the concept behind Youth Earnings. You are expected to find a way to raise or earn a portion of the trip fee. You have the opportunity to be as creative as you like: save money from your job, do chores for family and friends, sell art you make, sell old sports equipment or video games you no longer use, etc.

### Pre-Trip Requirement Documentation

We also ask that you document your completion of these Pre-Trip Requirements for us. When you turn in your *Youth Application* and are officially registered for the program, you will receive a welcome email containing a link to the GC1 Pre-Trip Requirement Form. This form asks for specific numbers, questions about how you fulfilled your Pre-Trip Requirements, and your educational project plan. It is a good idea to look at these questions before you begin working on your Pre-Trip Requirements. Your responses on this form will be due no later than 2 weeks prior to your program start. (If you do not have reliable internet access, call to request paper copies of these forms.)



## Frequently Asked Questions

### What are we going to do out there?

Being on the river is taking a break from the hustle of everyday life. You will travel downstream in inflatable oar rafts. Everyone works together: setting up camp, doing science projects, cooking dinner, and washing dishes. Every youth is a full participant in all aspects of river life! Each day you will move downriver, and each night you will camp some place new.

What happens off river can be as spectacular as the rapids! Come ready to explore side canyons by foot. You may hike to historical sites or hidden waterfalls. This program also includes a strong Citizen Science element. Youth will assist USGS scientists in collecting data for ongoing research projects in Grand Canyon multiple times a day. Come ready to work & learn!

### Who is coming with me?

Your group will include youth from across the country – sometimes from across the world! Your Trip Coordinator will communicate with you prior to the program and be your main group leader throughout the program. At the river you will meet your guide crew! These are experienced Grand Canyon river guides who have a passion for working with youth. Many GCY guides are alumni of our programs. The final members of your trip team are USGS scientists. They will lead data collection for research projects daily. Be sure to ask a lot of questions to all of these incredible human resources.

### How difficult will the trip be?

It is important to be in good physical condition for this adventure. Building up endurance prior to your program is a good idea. You will be outside, active, and in the hot sun *every day*. This is part of the fun, but can be challenging. Besides rafting and hiking, plan on being involved in loading and unloading boats, packing and unpacking gear, and setting up and taking down camp.

Hiking in Grand Canyon is different from hiking anywhere else. Many hikes contain uphill sections over uneven terrain, near vertical drop-offs. It can be very hot and dry, or wet and cold. Some hikes include rock scrambling and require guide assistance. Hiking is an important aspect of the program, expect to hike a couple hours a day.

The biggest hike you will do is the **hike down** to the river, via the well-maintained Bright Angel Trail. This 7-mile hike starts at Pipe Creek and goes to the South Rim of Grand Canyon National Park. There are several places to stop, rest, and refill water bottles along the way. You are encouraged to go at your own pace. There will be adults leading the group and sweeping from behind. You will be responsible for carrying your clothing and personal items. The hike is steep, strenuous, and at high elevation. Think about it as climbing down stairs for more than four hours. The sense of accomplishment and reaching the Colorado River at the end is worth every step.

### What if there is an emergency?

Most emergencies can be prevented by taking care of yourself and listening to safety guidelines. GCY guides are certified Wilderness First Responders, and a satellite phone and extensive first-aid materials are on each program. If there is an incident, the GCY office will work with guides and Grand Canyon National Park to organize any emergency support. If you are nervous about any aspect of the program, please contact us for more information.

### What is the weather going to be like?

The weather on the Colorado River is as unpredictable as the place itself. Prepare for all kinds of weather. The Rim is in the 90's by day but chilly at night. Temperatures on the river can be over 100 degrees Fahrenheit in the summer months. You should expect it to be hot, dry, and sunny. The water is cold, close to 50 degrees Fahrenheit, so there is a natural "air conditioner" flowing right by you. Packing layers will help you to adjust to the range of temperatures.

### How to Pack

You need one bag for this program. All of your personal items should be packed into a **large backpack**, like one used for backpacking. It should be about 30 to 50 liters in volume. Use it to pack all of your belongings. GCY will provide a waterproof “**dry bag**” to pack your backpack in once you get to the river. This bag will be inaccessible during the day. Remember that you will be carrying everything into Grand Canyon on your back. Pack as lightly as possible!

On the river, GCY will provide a **small school-sized backpack**, or “day pack.” You will use it for items you need during the day like water bottles, sunscreen, lip balm, any day-time medications, rain gear, etc. Keep in mind that things in this day pack will get wet.



*Left: Your backpack with personal items will be packed into a dry bag, then rolled and buckled to ensure contents stay dry!*

*Right: A sturdy 40 to 60 liter pack will work perfectly. Remember to pack light!*

*\*Bags are not to scale with each other*

### GCY Will Provide

Each participant will be given a lifejacket, day pack, and dry bag containing a sleeping bag, sleeping pad, and tarp when they arrive at the river. There will also be tents available for all participants, although most nights groups will sleep under the stars! Other gear coming along for the trip includes boats, a full kitchen, a wilderness bathroom (“groover”), all food and snacks, fresh water, and kits full of games, art projects, and interesting books.

### Borrowing from GCY

Please check with GCY before purchasing any items on this list. GCY has many items available to borrow at our warehouse. This includes river shoes and rain jackets. We understand that kids grow quickly, and purchasing new outdoor gear can be a burden. You can work with your Trip Coordinator to request certain items, or stop by the GCY warehouse and try on things for yourself!

### Do Not Bring

There is an Equipment List included in this packet. If you do not see an item on this list, it is because **we have intentionally left it off**. Avoid bringing cotton clothing, towels, and jeans. Do not bring any nice shoes or leather boots. Remember anything you bring on the program may get lost or ruined! Leave behind all electronics (cell phones, mp3 players, gaming devices), money, wallets, and other valuables (watches, jewelry, favorite clothes, stuffed animals, etc.). GCY will provide plenty of snacks, so **leave all food and drinks at home** as well. If you are travelling to GCY, you may leave valuables and travel money at the GCY office while you are on program.

### Medications

**Please bring TWO SETS of any necessary or prescription medications** (inhalers, Epi pens, psychotropic medications, etc.). One set will stay with you and the other will go with your Trip Coordinator as backup. **YOUTH MUST BE ABLE TO MANAGE AND ADMINISTER THEIR OWN MEDICATIONS.** GCY provides extensive first-aid kits for the program. You do not need to bring any over-the-counter medications or first-aid supplies.



## Equipment List

### Pack in Large Backpack

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- ◆ **River shoes:** One pair of sport sandals with a thick sole and heel strap, such as Tevas, Chacos, or Keens.
- ◆ **Quick-dry shorts:** They should be made of nylon or fast-drying material (not cotton!). Athletic shorts, swim trunks, or leggings. Bring 3-4.
- ◆ **Bathing suits (for girls):** Be appropriate. Tying swimsuits will be uncomfortable. Dark-colored sports bras are recommended. Bring 3.
- ◆ **Sun shirts:** Long-sleeved, lightweight, cotton shirts are ideal for sun protection. Think men's dress shirts. Wearing shirts is required. Bring 2.
- ◆ **Sun hat:** large brim and strap to keep from losing it in the wind. Wearing a hat is strongly recommended.
- ◆ **Sunglasses and/or Eyeglasses**
- ◆ **Retention device:** A small strap for your sunglasses or eyeglasses so you do not lose them in the river. Sometimes called "Chums"/"Croakies."
- ◆ **Athletic shoes:** One pair of lightweight running/P.E. shoes with good traction on dirt and rock. Make sure they are already well worn in. Skate shoes and nice sneakers are not recommended.
- ◆ **Socks:** For hiking and warmth. Bring 2 pairs.
- ◆ **T-shirt:** You wear this at camp. Bring 2.
- ◆ **Underwear:** 3-4 pairs
- ◆ **Small flashlight or headlamp:** Pack it with a new set of batteries.
- ◆ **Personal toiletries:** Toothbrush, toothpaste, soap, shampoo, leave-in conditioner, feminine products (tampons with cardboard or no applicators are suggested). Choose travel-size and biodegradable products when available.
- ◆ **Lotion:** (8-16 oz.) It's dry out there! Jars of lotion with screw lids leak least.
- ◆ **Pillowcase:** There is no room for a pillow in your bag. You can stuff clothes into a pillowcase to create a substitute.
- ◆ **Plastic bags:** Optional. These can be useful to separate dirty and clean clothes in your camp bag.
- ◆ **Two water bottles:** Nalgene-type screw top plastic bottles. You need at least 2 liters. Camelbacks or other hydration packs are okay as long as you also bring a spare water bottle.
- ◆ **Two carabineers:** These metal clips let you attach your backpack and water bottle to the boat. You can find them at outdoor shops. They should be at least 3 inches long; non-climbing carabineers are perfect.
- ◆ **Rain gear:** You will need a rain jacket (no ponchos). Rain pants are also recommended.
- ◆ **Lightweight fleece jacket:** Bring 1
- ◆ **Sarong / lightweight cotton pants:** Ideal for sun protection and cooling off. Lightweight scarves or hospital scrub bottoms work well. Bring 1.
- ◆ **Bandana:** To wet and tie around your neck, wear under your hat to keep cool, or as a washcloth.
- ◆ **Waterproof disposable cameras:** Optional. Bringing large or expensive cameras is not recommended.
- ◆ **Eyeglasses:** If needed. If you wear contact lenses, bring an extra set of contacts and back-up glasses just in case.
- ◆ **Sunscreen:** Bring enough for your entire program! AT LEAST 12 oz. Non-spray sunscreen recommended.
- ◆ **Lip balm / Chapstick**
- ◆ **Personal medications**



GC4 Youth Application

Participant Name \_\_\_\_\_  
First Last

Address City State Zip

Home (\_\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_\_) \_\_\_\_\_

Participant email \_\_\_\_\_ School \_\_\_\_\_

Gender \_\_\_\_\_ Age \_\_\_\_\_

Race/Ethnicity

- Asian
- African American
- Caucasian
- Other
- Native American
- Hispanic/Latino
- Pacific Islander

Primary Parent(s)/Legal Guardian(s) Name \_\_\_\_\_  
First Last

Address City State Zip

Home (\_\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_\_) \_\_\_\_\_

Work (\_\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Relation to participant \_\_\_\_\_

Parent/Legal Guardian Name \_\_\_\_\_  
First Last

Address City State Zip

Home (\_\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_\_) \_\_\_\_\_

Work (\_\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

Relation to participant \_\_\_\_\_

**Alternate Emergency Contact** Please list someone other than parent/guardians listed above. Emergency contact will only be notified in the event the participant's parent/guardian are not available.

Name \_\_\_\_\_ Home (\_\_\_\_\_) \_\_\_\_\_

Relation to participant \_\_\_\_\_ Cell (\_\_\_\_\_) \_\_\_\_\_

Work (\_\_\_\_\_) \_\_\_\_\_

How did you hear about Grand Canyon Youth? \_\_\_\_\_

Reviewed DB \_\_\_ HFU MHFU DFU Signatures



# Health Information Form

As parent/guardian, GCY relies on you to advocate for your child. Please be thorough and exhaustive in completing this form. Your child is traveling to a wilderness area and may be over 24 hours away from definitive care. Advise GCY of any changes to your child's medical condition prior to their program. GCY guides have wilderness first aid training (WFR); they are not medical professionals. The confidential information provided in this form is shared only with applicable parties and program staff. It helps us provide the best care for your child.

**Participant Name** \_\_\_\_\_

**Height\*** \_\_\_\_\_ **Weight\*** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_  
(\*Necessary for lifejacket fitting\*)

**Have you been camping before?** Never      A Little      A Lot

**Swimming Ability** None      Fair      Good      Excellent

## Medical History

**Has your child ever been diagnosed with any of the following?**

Yes	No	Heart Condition	Yes	No	Depression/Anxiety
Yes	No	Diabetes/Hypoglycemia	Yes	No	Attention Deficit Disorder
Yes	No	Severe Headaches/Migraines	Yes	No	Emotional/Psychiatric Disorder or Concern
Yes	No	High or Low Blood Pressure	Yes	No	Substance Abuse ( <i>drugs, alcohol, tobacco</i> )
Yes	No	Seizures/Epilepsy/Neurological Disorder	Yes	No	Eating Disorder
Yes	No	Serious Head Injury	Yes	No	Anaphylaxis/Severe Allergic Reaction
Yes	No	Urinary Tract Problems/Infections	Yes	No	Food Allergy/Intolerance
Yes	No	Anemia or Blood Disorder	Yes	No	Hay Fever/Seasonal Allergies
Yes	No	Arthritis/Musculoskeletal Disorder	Yes	No	Asthma/Respiratory Condition
Yes	No	Sleep Disorder/Sleep Walking	Yes	No	Gastrointestinal Problems
Yes	No	Developmental Disability	Yes	No	Pregnancy

Yes No Has your child ever had surgery or been hospitalized overnight? When/what for?

\_\_\_\_\_

Yes No Does your child have any physical activity limitations? Please explain \_\_\_\_\_

\_\_\_\_\_

Yes No Does your child have any special needs? Please explain \_\_\_\_\_

\_\_\_\_\_

Yes No Does your child have any dietary restrictions? (ie: vegetarian) \_\_\_\_\_

## If yes to any of the above, please respond in detail to the following questions

When was each condition diagnosed? \_\_\_\_\_

What are the trigger(s) & symptom(s)? \_\_\_\_\_

\_\_\_\_\_

How do you manage the condition(s)? \_\_\_\_\_

\_\_\_\_\_

Is there anything else we should know about the condition(s)? \_\_\_\_\_

\_\_\_\_\_

## Health Information Form Continued

**Medications** *Call GCY if you have questions about our medication policies.*

- ◆ Participants must be able to manage and administer their own medications. Unless otherwise arranged.
- ◆ We strongly recommend that participants remain on any prescription drug regimen while on a GCY program.
- ◆ Participants must provide two sets of all prescription medications. One set will be carried by the participant and the other set will be carried by the Trip Coordinator in case of loss/damage to the participant's set.
- ◆ Participants who have had or are at risk of an anaphylactic reaction and have been prescribed an epi pen must provide two epi pens.
- ◆ Participants with asthma/respiratory conditions **MUST** bring rescue inhaler if last use was within 5 years.

List ALL prescription and non-prescription medications your child is currently taking on a daily or regular basis. Please also list prescribed medication for emergency situations (examples: rescue inhaler, epi pens, etc).  
We are expecting your child will bring these medications on the program.

Medication	Purpose	Dosage	Frequency

**Physician Information**

Physician's Name \_\_\_\_\_ Phone Number (\_\_\_\_\_)\_\_\_\_\_

*If GCY has safety concerns regarding the participation of your child, we may contact you to gather more information. If your child has a medical condition, GCY may require a medical release from their physician before they are allowed to participate on a GCY program.*

**Insurance Information:**

Medical insurance is not required to participate. However, each participant and/or their parent(s)/ guardian(s) is responsible for any medical expenses as a result of participation. We recommend contacting your insurance company to ensure coverage or purchasing trip insurance. Evacuations can be very costly.

Insurance Company \_\_\_\_\_ Phone Number (\_\_\_\_\_)\_\_\_\_\_

Policy Holder \_\_\_\_\_ Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_

**Medical Release for** \_\_\_\_\_ (Participant Name)

In the event of an injury or illness requiring participant medical care and for whom I am the parent or legal guardian; I hereby give permission to attending medical personnel, Grand Canyon Youth's officers, directors, employees, representative agents, volunteers, contract individuals and all other persons or entities associated with it, the full power in consent to any and all necessary treatment, including epinephrine.



\_\_\_\_\_  
**Parent/Legal Guardian Signature**

\_\_\_\_\_  
**Date**

## Participant Agreement, Release & Assumption of Risk

In consideration of the services of Grand Canyon Youth, their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "GCY"), I hereby agree to release, indemnify, and discharge GCY, on behalf of myself, my spouse/partner, my child, my parents, my heirs, assigns, personal representatives and estate as follows:

1. Assumption of Risk: I, \_\_\_\_\_ (parent/legal guardian), on behalf of myself and on behalf of my child, acknowledge that going on a river trip and all other activities related to, associated with, and/or essential to participation in a GCY program (hereinafter "Activity"), entails known and unanticipated risks that could result in: physical or emotional injury, paralysis, death, or damage to myself, property or to third parties. I understand that such risks cannot be eliminated without jeopardizing the essential qualities of the activity. I, on behalf of myself and my child, voluntarily accept personal responsibility for any liability, injury, loss, or damage in any way resulting from my participation in the Activity and related transport.

My initial below signifies that I expressly agree to section 1, above, that I know the implications of section 1, that I understand the language of section 1 and that I voluntarily accept the terms of section 1.

☼ **Parent/Legal Guardian Initials** \_\_\_\_\_

2. Identification of Risks: I understand that there are certain dangers, hazards, and risks inherent in the Activity and related transportation. I understand that such dangers, hazards, and risks may involve risk of injury and loss, both to person and property. I further understand that the risk of injury may include the possibility of permanent disability and death. There may be other risks not known or not reasonably foreseeable at this time. I further understand that GCY does not assume responsibility for any such injuries or loss.

Although every attempt will be made by GCY to ensure the health and safety of the participants, I understand that injuries and accidents may occur. Foreseeable risks include, among other things: whitewater rapids, turbulent water, and river currents. I can be jolted, jarred, bounced and shaken about during rides through rapids. It is possible that I could be injured if I come in contact or collide with storage containers, boat frames, oars, oarlocks or other equipment and supplies necessary to the operation of the expedition and outfitting the program. Rafts could capsize or I could be "washed" overboard into the water. Prolonged exposure to cold water can result in shock or hypothermia and in extreme cases can cause death and accidental drowning.

I can slip or fall during a hike or at camp; accidents can occur getting on and off the raft all of which can result in damage to equipment or personal injury. Exposure to the natural elements can be uncomfortable and/ or harmful. I am aware that this exposure could cause sunburn, dehydration, heat exhaustion, heat stroke, and death. GCY is not responsible for acts of nature, including but not limited to contact with flora & fauna. Furthermore, GCY employees have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They might misjudge the weather, river, or environmental conditions. They may give incomplete warnings or instructions and the equipment being used might malfunction. In addition, there are risks involved in traveling to and from the river or other destinations, including but not limited to airplanes and ground transportation such as automobiles, bus, shuttles, and personal transport. Significant elevation changes may be experienced through participation in this program. There are risks involved in completing the pre-trip requirements such as but not limited to community service and fundraising. Further, I understand that GCY is not responsible for the behaviors of any of its participants or the consequences of their actions.

My initial below signifies that I expressly agree to section 2, above, that I know the implications of section 2, that I understand the language of section 2 and that I voluntarily accept the terms of section 2.

☼ **Parent/Legal Guardian Initials** \_\_\_\_\_

3. Waiver and Release: In consideration of participation in the Event, I waive and release GCY, its employees, agents, volunteers, successors, and assigns, if any, from all claims for any liability, injury, loss, or damage in any way connected with my child's participation in the Activity, whether or not caused in whole or part by the negligence or other misconduct of any of the organizations or individuals mentioned above.

My initial below signifies that I expressly agree to section 3, above, that I know the implications of section 3, that I understand the language of section 3 and that I voluntarily accept the terms of section 3.

☼ **Parent/Legal Guardian Initials** \_\_\_\_\_

## Participant Agreement, Release & Assumption of Risk Continued

4. **Indemnification:** I agree to indemnify and hold harmless (in other words, reimburse and be responsible for) GCY and its employees, agents, volunteers, successors, and assigns from all claims for any liability, injury, loss or damage in any way connected with or arising out of my child's participation in the Activity, whether or not caused in whole or in part by the negligence or other misconduct of any of the organizations or individuals mentioned above. Should GCY or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

My initial below signifies that I expressly agree to section 4 above, that I know the implications of section 4, that I understand the language of section 4, and that I voluntarily accept the terms of section 4.

☼ **Parent/Legal Guardian Initials** \_\_\_\_\_

5. **Medical Treatment:** I hereby release and forever discharge GCY from any claim whatsoever which arises or may hereafter arise on account of any first aid, treatment or service rendered in connection with my child's participation in the Event.

My initial below signifies that I expressly agree to section 5 above, that I know the implications of section 5, that I understand the language of section 5, and that I voluntarily accept the terms of section 5.

☼ **Parent/Legal Guardian Initials** \_\_\_\_\_

6. I hereby certify that I have adequate insurance to cover any injury or damage I or my child may cause or suffer while participating in the Activity or, alternatively, I agree to bear the costs of such injury or damage myself. I further certify that my child has no medical or physical conditions which could interfere with my child's safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.

My initial below signifies that I expressly agree to section 6 above, that I know the implications of section 6, that I understand the language of section 6, and that I voluntarily accept the terms of section 6.

☼ **Parent/Legal Guardian Initials** \_\_\_\_\_

7. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.
8. We require this form signed and returned **AS IS**. Your signature below represents an acceptance of this document as originally written. Any edits to this agreement will not be honored, and will default to the original verbiage.

**I HAVE READ THIS WAIVER, RELEASE OF LIABILITY, AND INDEMNIFICATION. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT. I AM SIGNING THIS WAIVER, RELEASE OF LIABILITY, AND INDEMNIFICATION VOLUNTARILY ON BEHALF OF MYSELF AND ON BEHALF OF MY CHILD. I INTEND THAT THIS WAIVER AND RELEASE OF LIABILITY SHALL BE CONSTRUED BROADLY TO PROVIDE A RELEASE AND WAIVER TO THE MAXIMUM EXTENT POSSIBLE UNDER APPLICABLE LAW.**

☼ \_\_\_\_\_  
**Participant Signature**

\_\_\_\_\_  
**Participant Printed Name**

\_\_\_\_\_  
**Date**

**IF THE PERSON PARTICIPATING IN THE ACTIVITY IS NOT YET 18 YEARS OLD:**

As parent or legal guardian of the above-named individual, I verify that I fully understand, agree to, and accept all provisions of this Waiver, Release of Liability and Indemnification.

☼ \_\_\_\_\_  
**Parent/Legal Guardian Signature**

\_\_\_\_\_  
**Parent/Legal Guardian Printed Name**

\_\_\_\_\_  
**Date**

## Personal Contract

Participation is a privilege. By signing this document, you are committing to good behavior. You agree to

- ◆ Complete ALL my pre-trip requirements
- ◆ Come prepared for the program with necessary equipment & supplies
- ◆ Maintain a positive attitude: be flexible, patient, and helpful in new or challenging situations
- ◆ Be respectful of others in the group
- ◆ Dress appropriately at all times
- ◆ Leave behind all electronic devices
- ◆ Participate positively and fully in all group meetings and activities
- ◆ Practice safety first! Follow all safety expectations set out by the adult leaders
- ◆ Not be a danger to yourself or others. Take care of yourself and others on the trip.
- ◆ Not bring any drugs, tobacco alcohol or weapons. Please leave pocket knives at home.
- ◆ Refrain from engaging in romantic or exclusive relationships.
- ◆ Take care of the remarkable places you will be visiting.

## Parent/Guardian Permission for Participation

There are inherent risks involved with participating in the GCY program. It is a parent's/guardian's responsibility to become informed about these risks and make a deliberate choice in supporting your child's participation.

- ◆ We rely on parents'/guardians' judgment to not involve their child in our programs if they believe the child could pose a behavioral risk. Failure to do so could make parents/guardians liable.
- ◆ GCY is a private, nonprofit organization. We have the right to exclude any participant who we believe, at our sole discretion and for any reason, could pose a risk to themselves or other participants beyond our ability and resources to manage within an appropriate standard of care.
- ◆ If Trip Leaders and/or Trip Coordinators have cause to believe any participant is unwilling to follow directions, safety rules, the law, or represents an unacceptable risk to themselves or to others, that youth may be separated from the group and evacuated from the trip at the expense of parents/guardians. Youth may be held legally responsible if they break any law while participating in the GCY program.
- ◆ Parents/Guardians should talk with their child, stressing the importance of following all expectations and safety practices set by GCY.
- ◆ Parents/Guardians should encourage their child to communicate any concerns immediately with adult supervisors on the trip.

**I have read and acknowledge the risks detailed in this form and consent to my child's participation in a GCY program knowing of all above risks. My child fully understands, and they will adhere to all expectations outlined in the personal contract. My child may also participate in all activities pertaining to GCY, including fundraisers, community service projects, transportation, and river trips during their involvement. Breach of this contract may lead to participant's dismissal from the program.**



\_\_\_\_\_

**Parent/Legal Guardian Signature**

\_\_\_\_\_

**Date**



\_\_\_\_\_

**Participant Signature**

\_\_\_\_\_

**Date**





## Financial Aid Request Form

Grand Canyon Youth, along with our donors, are proud to offer Financial Aid to youth who demonstrate financial or compelling need. We do not want the price of the program to be a limiting factor in participation. The intent of this form is to open a dialog between parents/guardians and youth about setting and working towards fundraising goals, as well as asking for assistance when needed. Because funds are limited, please ask only for what you need so we may widely distribute available aid.

### **Request Process**

1. Turn in this form, along with the participant essays and a \$50 deposit. Your deposit will be applied to the trip price.
2. GCY will process your request and email you a financial aid award letter with level of financial support.
3. After your trip, write a thank you letter addressed to "sponsor" and mail it to Grand Canyon Youth. Please share a story of your experience in the letter. Failure to write a thank you may prohibit you from receiving Financial Aid for future GCY programs.

### **Required Youth Short Answer Questions**

We will determine your financial aid award based on the content of your responses and financial information provided. Be thoughtful, honest, and thorough in your responses. Answer all of the following questions to the best of your ability on a separate sheet(s) of paper. **All questions have a 150 word minimum.**

1. Please tell us about extenuating or compelling circumstances that demonstrate your financial need.
2. What are your most treasured skills or talents? How do you share those with others and how would they help you on this GCY program?
3. What are a few of your long term goals? How will your GCY experience help you to succeed at these goals?
4. You are about to be "stranded" in the wilderness for an undetermined amount of time. You will have food, water, and the bare necessities. What are three things you would take with you and why?



## Financial Aid Request Form

Participant Name: \_\_\_\_\_

### Parent & Youth Collaborative Questions

Help Grand Canyon Youth understand the amount you are requesting within the context of your fundraising goal. Please consider the amount of money you think you will be able to raise with the support of family. Use the following section to workshop your preferred payment scenario. Please **fill in each line**, even if the answer is \$0. All of the responses you fill in combined should add up to the total price of your GCY program.

- |   |                |
|---|----------------|
| 1. \$50 Deposit, included with this Form          | \$ 50          |
| 2. Parents/Guardians contribution                 | \$ _____       |
| 3. Participant will fundraise/earn                | \$ _____       |
| 4. We are requesting this amount in financial aid | \$ _____       |
| <hr/>   |                |
| <b>Total Price of GCY Program</b>                 | <b>\$ 1050</b> |

### Parent/ Legal Guardian Questions

1. What is your Household Gross Annual Income: \$ \_\_\_\_\_/year
  - a. How many adults contribute to this income? \_\_\_\_\_
  - b. Total number in household: \_\_\_\_\_
2. Has your youth participated in a Grand Canyon Youth Program in the past? **Yes No**
  - a. If yes, did you receive Financial Aid? **Yes No**
3. Does your family qualify for free & reduced lunch? **Yes No**

**I hereby certify that the information is accurate and complete. Please consider us for financial assistance. I am requesting only what we need and I understand that funds are limited.**

☀ Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

☀ Parent/Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_





## Travel Planning Form

If travelling from outside of Flagstaff, use this form to assist with planning your travel logistics. Please call our office before you finalize travel. Once you finalize travel arrangements, fill out this form and return it to GCY as soon as possible with your itinerary. Definitely call or email our office with questions: 928.773.7921 or [programs@gcyouth.org](mailto:programs@gcyouth.org). GCY is not responsible for travel logistics to and from Flagstaff, Arizona.

### Travel Considerations

- ◆ Grand Canyon Youth can pick you up from the **Flagstaff** Airport, Amtrak, Arizona Shuttle Station, or Greyhound stop and transport you to our office.
- ◆ You should have Grand Canyon Youth's phone number (928.773.7921) saved in your cell phone.
- ◆ Bring some spending money for food or incidentals before and after your program. We recommend enough for three or four meals.
- ◆ GCY will have a secure place to store money and electronic devices while you are on the river.
- ◆ If you are interested in travel insurance, there are several online places to purchase it. It can be helpful in the case of travel delay, medical evacuation, or lost baggage.
- ◆ Pack as lightly as possible.
- ◆ If you are unable to get to Flagstaff on the day your program starts and need to come a day earlier, call our office before making your flight arrangements.

### Getting Here

**By Air** – Phoenix Sky Harbor is the closest large airport in the area, servicing most major airlines. Please call the office before you depart from Phoenix to let us know that your travel plans are on schedule, and confirm pick-up time and place. Flagstaff also has an airport, however, American Airlines is the only airline option. Per American Airlines regulations you must be at least 15 years of age to fly into Flagstaff unaccompanied by an adult.

**By Shuttle** – Arizona Shuttle Service runs shuttles between the Phoenix Sky Harbor Airport and the Flagstaff Amtrak station every two hours. You can make online reservations at [www.arizonashuttle.com](http://www.arizonashuttle.com). Shuttles take approximately 3 hours from Phoenix to Flagstaff. Round-trip shuttles cost around \$100. We recommend scheduling your shuttle at the same time you make your flight arrangements.

### Staying at GCY

If your travel itinerary includes staying at the Grand Canyon Youth warehouse, please understand that your program does not end until a GCY representative drops you off at the airport or shuttle station. You will remain under adult supervision until your departure. You will be expected to adhere to the same behavioral expectations in town as you are on the river. After the program, other participants may join the overnight group for lunch or dinner, but **may not** congregate at the GCY office after the program has ended.

**Please attach your flight itineraries and/or shuttle confirmations to the form or email them to [programs@gcyouth.org](mailto:programs@gcyouth.org).**



Travel Planning Form

Participant Name: \_\_\_\_\_

Before GCY program

\*\*Plan to arrive in Flagstaff by 4:00 p.m. on the day your program begins\*\*

Arrival Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Traveling From: \_\_\_\_\_

I am flying into:

Flagstaff Arrival time: \_\_\_\_\_ a.m. p.m. (circle one)
Phoenix Sky Harbor Airline & Flight Number: \_\_\_\_\_

I am taking the AZ Shuttle from \_\_\_\_\_ to Flagstaff

Arrival time in Flagstaff: \_\_\_\_\_ a.m. p.m.

I need GCY to pick me up in Flagstaff and transport me to their office.

I am traveling with \_\_\_\_\_

Arrival time at GCY warehouse: \_\_\_\_\_ a.m. p.m.

Other: \_\_\_\_\_

After GCY program

\*\*plan to depart Flagstaff after 2pm the day your program ends, possibly the day after if flying\*\*

Departure Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Traveling To: \_\_\_\_\_

I am flying out of:

Flagstaff Departure time: \_\_\_\_\_ a.m. p.m. (circle one)
 Phoenix Sky Harbor Airline & Flight Number: \_\_\_\_\_

I am taking the AZ Shuttle from Flagstaff to \_\_\_\_\_

Departure time in Flagstaff: \_\_\_\_\_ a.m. p.m.

I need GCY to transport me to the Flagstaff Airport or Arizona Shuttle Station.

I need to stay at the GCY Warehouse or with a GCY community member the night my program ends before departing the next morning.

I am traveling with \_\_\_\_\_

Departure time from GCY warehouse: \_\_\_\_\_ a.m. p.m.

Other: \_\_\_\_\_

GCY Travel Waiver

I understand I am responsible for getting my child to and from Flagstaff, Arizona. GCY is not responsible for any costs or liability associated with travel, including but not limited to travel delays, missed flights, or any unforeseen issues. I \_\_\_\_\_ (parent) give my permission for \_\_\_\_\_ (youth) to travel independently to and from Flagstaff, Arizona.



Parent/Legal Guardian Signature

Parent/ Legal Guardian Printed Name